

**GET FIT, HAVE FUN, MAKE FRIENDS**

# PLAY KORFBALL!

**NEW PLAYERS AND BEGINNERS WANTED**



**Korfball** is an exciting, completely unique mixed team sport played by teams of four men and four women. The aim is to score goals in the 3.5m high baskets, using similar skills to basketball and handball.

It is a non-contact sport, easy to learn, helps you get fit, very sociable and great fun.

## **Your local team:**

Northampton Banshees Korfball Club

Moulton Sports Complex,

Moulton, Northampton NN3 7SD

Monday 8:30pm to 10pm

[natasha@northampton-banshees.co.uk](mailto:natasha@northampton-banshees.co.uk)



[www.northampton-banshees.co.uk](http://www.northampton-banshees.co.uk)