

# MOULTON SPORTS COMPLEX SUMMER NEWSLETTER 2010

MOULTON  
Sports Complex

## PLAYSCHEME

SUMMER PLAYScheme

DATES & INFO:

26th July – August 27th

BOOKINGS NOW BEING  
TAKEN!!

## EXERCISE CLASSES

MONDAYS:

CARDIO STRENGTH  
BUMS, TUMS & THIGHS

WEDNESDAYS:

CIRCUIT CLASS

THURSDAYS:

BOXERCISE

## CHILDREN'S ACTIVITIES

MONDAYS:

JUNIOR FITNESS

WEDNESDAYS:

JUNIOR FITNESS

FRIDAYS:

ROLLER DISCO

SUNDAYS:

JUNIOR BASKETBALL

## ROLLER DISCO

FRIDAY'S 7.30 - 8.30

SKATE HIRE AVAILABLE  
FAMILY DEALS



## SPECIAL EVENT ROOM HIRE

- PARTIES
- BIRTHDAYS
- WEDDINGS
- PRESENTATION  
EVENINGS
- ANNIVERSARIES



[www.moultonsportscomplex.co.uk](http://www.moultonsportscomplex.co.uk)